By Julie Cefalu, The Crafty Quilter.com

Supplies for sunflower and stem blocks

- $1 / 8$ yard each of yellow and orange fabric for the sunflowers
- Scraps of brown for the sunflower and two green fabrics for the stem block
- $1 / 4$ yard of background fabric for sunflower and leaf blocks
- Sunflower templates.
- Fusible stabilizer such as Quilter's Select Print \& Piece Fuse Lite
- Fabric glue such as Sewline Water-Soluble Fabric Glue Pen
- Monofilament thread - I like Superior's MonoPoly
- Simpli-EZ 30-Degree Triangle Ruler by Darlene Zimmerman


Size: $30^{\prime \prime} \times 32^{\prime \prime}$

Note: Please read all instructions before beginning this project. All seams are made using a $1 / 4$ " seam allowance, unless otherwise noted.

## Sunflower Block, 6 1/2" unfinished

There are several ways to make this block. You can find full, detailed instructions at http://thecraftyquilter.com/2018/06/summer-fun-quilt-along-week-3/

Templates are provided on page 3 to make the blades of the sunflower with a technique similar to English Paper Piecing (EPP) as described on my blog (link above).

You can also use the Simpli-EZ 30 Degree Triangle Ruler to make the blades, following the instructions at the link above.

If you enjoy EPP, you can use 1" hexagons to create a "grandmother's"
 sunflower.

Each sunflower needs to be appliqued to a $61 / 2$ " background square.


Week 3

## Stem Blocks, 6 1/2" unfinished

## Cutting instructions

From the background fabric, cut

- (2) $3^{\prime \prime} \times 31 / 4^{\prime \prime}$ rectangles
- (2) $21 / 2^{\prime \prime} \times 31 / 4$ " rectangles
- (2) $11 / 2^{\prime \prime} \times 31 / 4$ " rectangles
- (2) 2 " x 3 1/4" rectangles
- (4) $1^{\prime \prime}$ x 3 " rectangles
- (8) $11 / 2$ " squares

From the green dot fabric, cut (4) $23 / 4$ " x 3 " rectangles
From the dark green fabric cut (2) 1" x 6 1/2" rectangles

## Stem Block Assembly Instructions

10. Draw a diagonal line on each $11 / 2^{\prime \prime}$ background square. (Figure 1)
11. Place a marked $11 / 2^{\prime \prime}$ background square on opposite corners of the $23 / 4^{\prime \prime} \times 3$ " green dot rectangles. Make sure they mirror image each other. (Figure 2)
12. Stitch on the drawn line, trim and press towards the corner. (Figure 3)
13. Arrange the remaining pieces as shown and sew together. (Figure 4)
14. Make two stem blocks. They should measure $61 / 2 "$ square. (Figure 5)

Final Assembly: Sew together the Sunflower Block and the Stem block to create the final Sunflower. Make 2.




Figure 4


Figure 5


Sunflower templates
(seam allowance not included)


Use small circle with traditional Dresden method


