

Versatile Face Mask Pattern

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Face mask size: This face mask is one size only. It will fit most adults. If you want to make it larger, I suggest adding 1/4"- 3/8" on all sides to start. If you want to make it smaller, subtract 1/4" - 3/8" from all sides.

See my [Versatile Face Mask Tutorial](#) for more information such as supply details, expanded instructions and more photos.

Materials:

- Two 8" cotton fabric squares for outside of mask, washed and dried
- Two 8" cotton fabric squares for inside of mask, washed and dried
- 1/4" elastic or 1/4"-3/8" wide grosgrain ribbon or double-fold bias tape or hair ties
- wire or pipe cleaners or twist ties (optional)
- filter (optional)
- pencil or other fabric marking tool
- sewing machine
- scissors
- printed face mask pattern

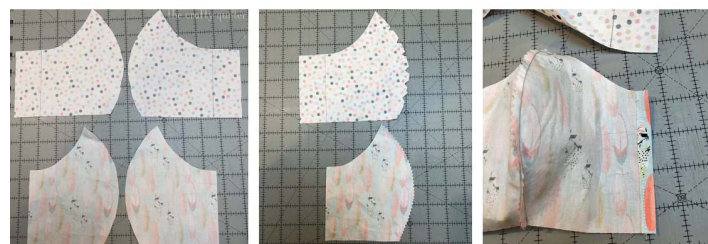


Assembly Instructions

1. Cut out inner and outer face mask pattern pieces on the solid lines (includes 1/4" seam allowance).
2. With fabric right sides together, pin pattern pieces to fabric or trace cutting lines onto fabric. Cut out inner and outer face mask pieces.
3. Transfer solid casing line (1 1/2" from raw edge) onto the wrong side of outer face mask pieces using pencil or other marking tool.
4. With right sides together, sew 1/4" seam along the inside center face mask pieces. Repeat for the outside center face mask seam.
5. Cut notches into the curved seam allowance just sewn or use pinking shears to trim curved seam allowance. This will reduce bulk and help the seam to lay flat. Gently press to one side.
6. Turn under 1/4" along the short side edges of the inner face mask and press. Stitch in place.
7. With right sides together, pin inner and outer face mask pieces along upper edge, matching center seam. Stitch using 1/4" seam allowance (backstitching at the beginning and end).
8. Clip seam allowance. Turn right side out and press seam, extending 1/4" fold along the outer face mask edge.
9. Top stitch upper seam edge in place 1/8" from folded edges.
10. Repeat step 7 on the bottom edge – right sides together and matching the center seam.
11. Clip seam allowance on both sides of center seam.
12. Turn right side out and press as before.



Steps 1-3



Steps 4-6



Steps 7-9



Steps 10-12

13. Turn under 1/4" along the short sides of the outer face mask and press.
14. Fold this edge again (5/8") so that it meets the pencil line and press.
15. Stitch along the inner folded edge, creating a casing for elastic or ties.
16. Add elastic or ties to the mask. If you have elastic, cut a 12" length and thread through the side casing. Tie a knot and adjust it as needed. Once it's comfortable, you can slide the elastic around so the knot is inside the casing (optional).
17. If you're using hair ties, you can cut them in half and sew them to the outside instead of feeding them through the casing. Otherwise, you will have to place them into the casing before stitching the casing seam closed.
18. For ribbon or fabric ties, you can attach them two ways. The first way (my preference) is to sew each one to a corner of the face mask. The length should be about 16" each. This takes a little longer to put the face mask on, but it's adjustable, the mask sits tight against the face and it makes it easy to remove the mask partially without having to completely remove it.
19. The second way to attach ribbon or fabric ties is to thread a longer tie (36") through the casing on each side and tie behind the head. This method is more difficult to tie it behind the head tightly. It also gathers the short sides of the face mask which might give you a better fit but it also can create gaps.



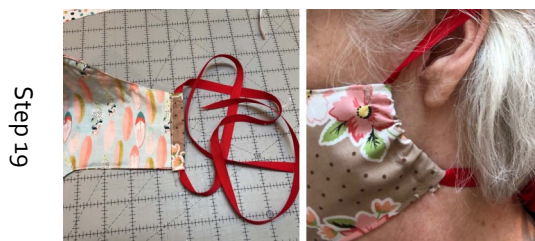
Steps 13-15



Steps 16-17



Step 18



Step 19

Optional nose wire: Cut a length of wire or pipe cleaner to 3 1/2". Turn under the ends a tiny bit and crimp so that there are no sharp edges. I used thin florist wire so I folded a 6 1/2" piece in half and covered the exposed ends with electrical tape. Sew a channel for the wire 1/4" away from the upper edge stitching and about 1 1/2" on either side of the center seam. Insert wire through the side opening. Stitch channel ends closed or leave one end open if you want to remove the wire prior to washing.

Optional Filter: A filter or another layer of material can be inserted at this point. Since I don't have access to any filters, I've used some interfacing just for example purposes. I cut a rectangle 5" x 7" and then cut a curve on both top edges by estimating it (eyeballing it). Use the pattern as a guide. You can also fuse interfacing to the outer face mask pieces at the beginning of mask assembly.



Nose wire



Disclaimer: This pattern has not been tested. If you find a mistake, please let me know. This face mask is not considered personal protective equipment (PPE) and should be used only if nothing else is available.

center seam

Outer face mask
Cut 2 on solid lines

1/4" seam allowance

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Versatile
Face Mask
Pattern

casings

5/8" fold line

1/4" fold line

5/8"

1/4" fold line

one
inch

Print at actual size
No scaling

Inner face mask
Cut 2 on solid lines

1/4" seam allowance

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center seam