

Spring Bunny Table Runner Tutorial

 thecraftyquilter.com/2021/03/spring-bunny-table-runner-tutorial/

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The size of this table runner is approximately 13" x 38". If you're looking for a quick project to make, this is it! There are only three blocks set on point that measure 9" finished. The setting triangles are pieced so that it incorporates the look of an extra border without adding any width to the table runner.



Notes on applique before we begin

I think the applique adds to the charm of this table runner. It's very simple and can be done by hand or machine. If you're not a fan of applique, you could embroider an outline of the bunny and petals instead. I have plans to create a real pattern that includes an alternate pieced block so you'll be able to eliminate most of the applique.

For this project, I used the freezer paper and starch method and hand-appliqued the bunny to the background fabric. I didn't really give this much thought, it was just the first method I turned to. I don't have a tutorial for this technique, but you can check out this [Roundup of Turned Edge Applique Techniques](#) that I posted several years ago.

General Information

Table Runner size: 13" x 38"; block size: 9 1/2" (unfinished). All seam allowances are scant 1/4". Applique can be done by hand or machine. There are templates for the bunny and petals that you can download and print (below the supply list). **Note that this is a free tutorial. It has not been tested for accuracy, so please keep that in mind. I've done my best to assure that everything is correct.**

Supplies

- Cream fabric (**Color A**) – **5/8 yard** (block and applique background, setting triangles)
- Black/white gingham (**Color B**) – **1/2 yard** (blocks, bias binding and bunny applique)
- Tan 1 (**Color C**) – **1/8 yard** (block 4-patch)
- Tan 2 (**Color D**) – **1/8 yard** (block 4-patch)
- Green1 (**Color E**) – **1/4 yard** (border/setting triangles)
- Green2 (**Color F**) – **1/8 yard** (petal applique)
- Binding (if not using gingham) – 1/4 yard for straight grain binding
- Backing – 1/2 yard
- Paper-backed fusible web such as Heat 'n Bond Lite (for machine applique only)
- **Applique templates** (see last 2 pages), printed at actual size

Cutting Instructions

Cream (Color A): Cut (1) 3 1/4" x WOF strip; subcut into (8) 3 1/4" squares, cut in half diagonally

Cream (Color A): Cut (1) 9 3/4" x WOF strip; subcut into the following: (1) 9 3/4" square (applique); (2) 8" squares cut in half diagonally (side triangles); (1) 6 1/2" square cut diagonally in both directions (corner triangles).

Black/white gingham (Color B): Cut (1) 9" square (applique) and (8) 2 3/4" squares (block corners); use remaining fabric for bias binding (optional)

Tan 1 (Color C): Cut (4) 3 3/4" squares (block 4-patch)

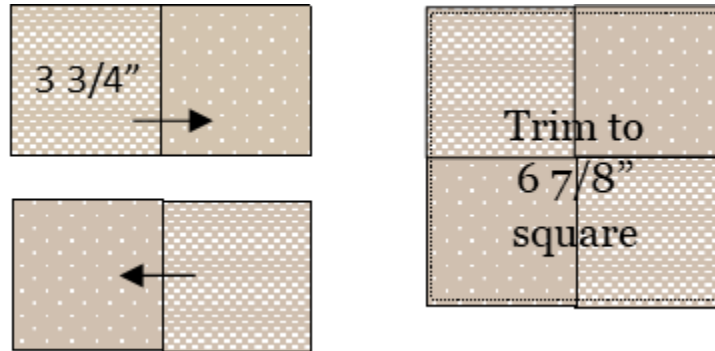
Tan 2 (Color D): Cut (4) 3 3/4" squares (block 4-patch)

Green 1 (Color E): Cut (3) 2" x WOF strips; subcut into (4) 2" x 15" rectangles, (4) 2" x 6 1/2" rectangles and (4) 2" x 9" rectangles (pieced setting triangles)

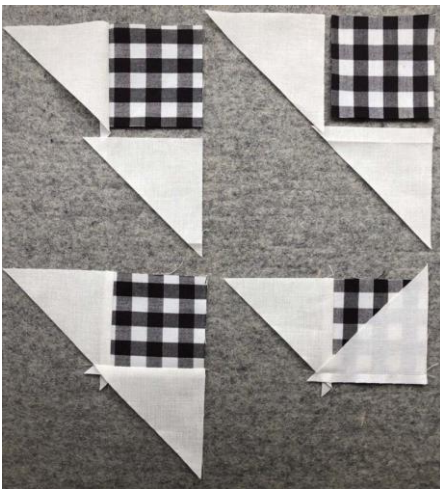
Green 2 (Color F): Make 8 petals using the applique template and your favorite applique technique. See "Notes on applique" section for more information.

Block Instructions

1 Make a 4-patch unit from (2) $3\frac{3}{4}$ " Color C squares and (2) $3\frac{3}{4}$ " Color D squares. TRIM to $6\frac{7}{8}$ " square.

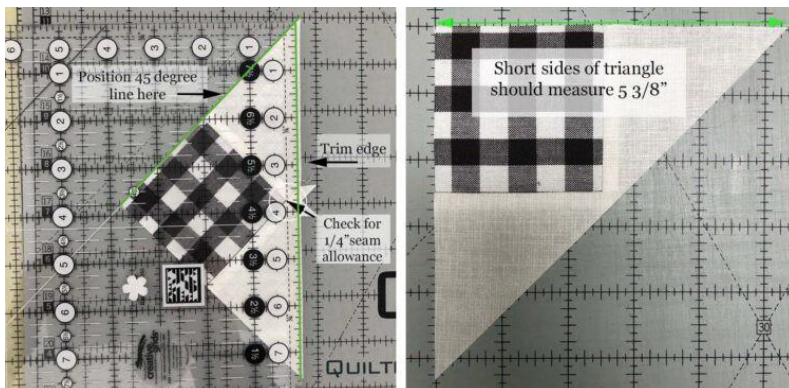


2. Sew (2) $3\frac{1}{4}$ " Color A triangles onto adjacent sides of a $2\frac{3}{4}$ " Color B square. Press towards the triangles.

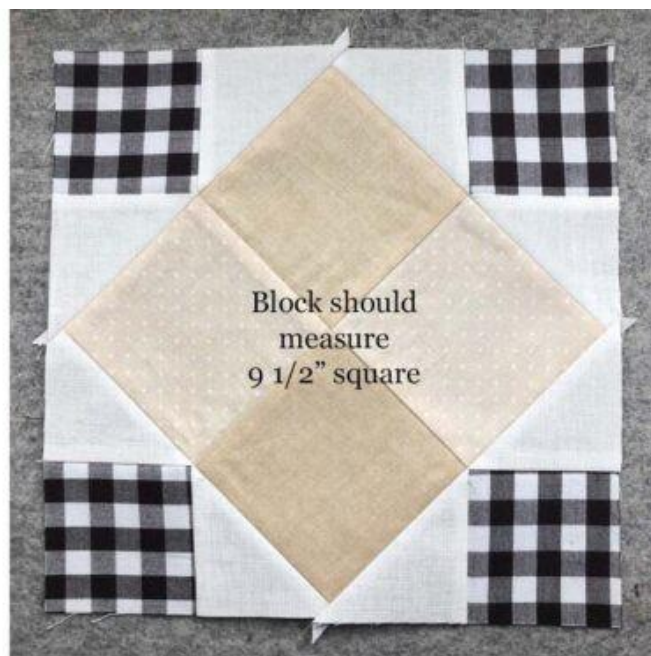
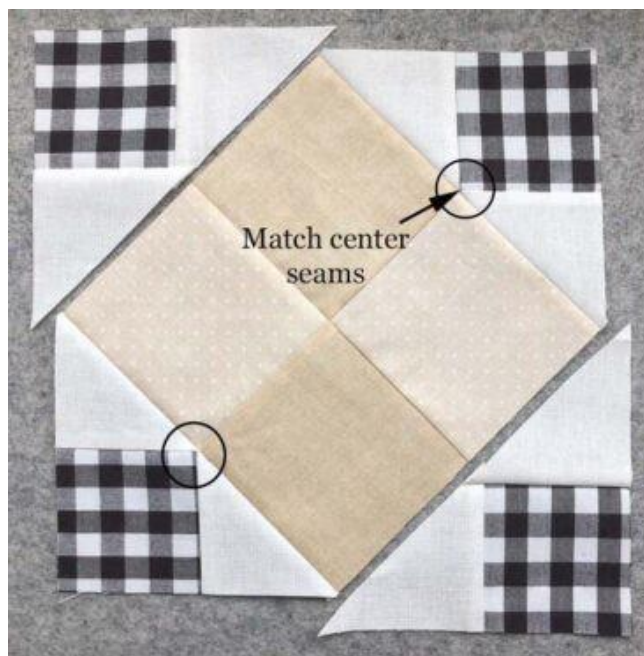


3. Check the right angle (both short sides) of the pieced triangle from above and trim if necessary.

3. Trim the long side of the pieced triangle, making sure there is a $\frac{1}{4}$ " seam allowance at the center point. It should measure $5\frac{3}{8}$ " along both short sides. Make 4 pieced triangle units for each block.



4. Arrange the 4-patch and pieced triangles as shown below. Sew each corner triangle to the 4-patch, matching centers. Press seams open to reduce bulk. The block should measure 9 1/2" square (at this point it is NOT over-sized so no trimming required.) Make TWO blocks.



Petal Applique

5. With Green 2 (Color F), make the petal appliques using the template pdf (just below the supply list) and your favorite applique method. See the "Notes on applique" section for more information. *You'll notice that some of the computer diagrams that follow show two different green fabrics for the petals. That was my original intention, but I chose just one instead.*

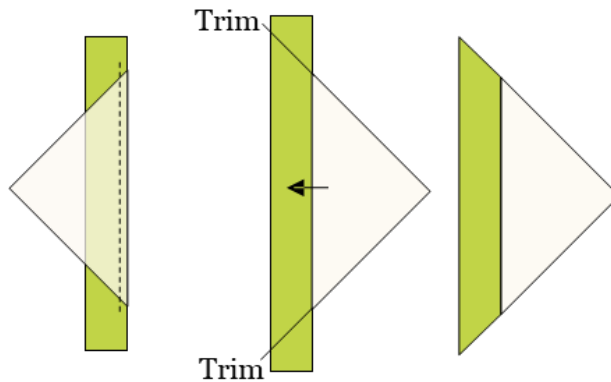
For my sample, I used the freezer paper and starch method to create a turned edge. Then I glue basted the petals in place and machine stitched with a narrow zig zag and matching thread. It gives the look of hand applique.

Bunny Applique

For the bunny applique, you'll be using the 9 3/4" square of Color A (background) and the 9" square of Color B (gingham) and the bunny template pdf. Use your favorite method to applique the bunny onto the background square. The template has been reversed for fusible applique. See the "Notes on applique" section for more information. **Trim to 9 1/2" square after applique is complete.**

Setting Triangles

Sew a 2" x 15" Color E rectangle to the long edge of a 8" Color A triangle. Press towards the green rectangle. Trim excess green fabric even along the short sides. Make 4 side triangles.



Sew a 2" x 6 1/2" Color E rectangle to one short side of a 6 1/4" Color A triangle. Press towards the green rectangle.

Sew a 2" x 9" Color E rectangle to the remaining short side of the 6 1/4" Color A triangle from above. Press towards the green rectangle. Trim excess green fabric even along the long side. Make 4 corner triangles.

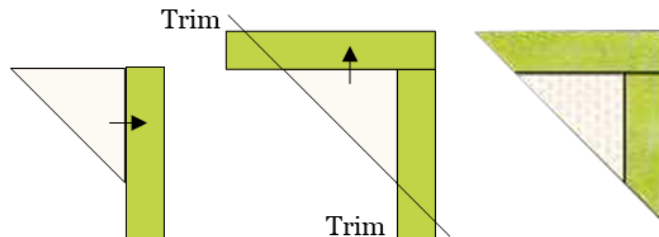
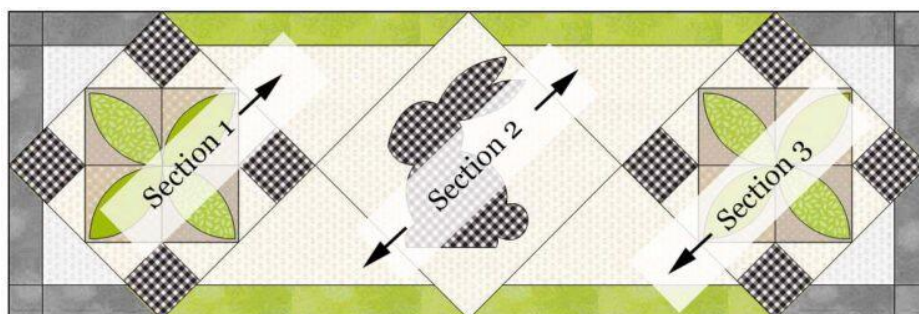


Table runner layout & assembly

Lay out the blocks, side triangles and corner triangles as shown below. Sew the pieces in each section together to form rows and press following the pressing arrows. The corner triangles will be sewn on last.



Sew the rows together and press seams to either side (or open). Sew the corner triangles on and press toward the corners.



Trim the edges evenly all the way around. I left a generous 1/4" seam allowance at the block points to accommodate the binding.

Finishing

Layer the backing, batting and top. Baste layers together. Quilt using a walking foot or free motion quilting or both. I chose to do both. First, I stitched in the ditch with my walking foot around the blocks as well as some of the interior block seams. I also stitched in the ditch around the green "border".

After all of the straight line quilting was done, I moved onto free motion quilting. I stitched about 1/4" inside the bunny and then stitched his outline. Then I filled in the background with swirls. I quilted some large feathers (they look like fans to me) in the side triangles.



For the blocks, I made a large swirl in the petal appliques and surrounded the petals with pebbles. I did the feather/fan shape in the small triangles

Spring Bunny Table Runner

Bunny Template

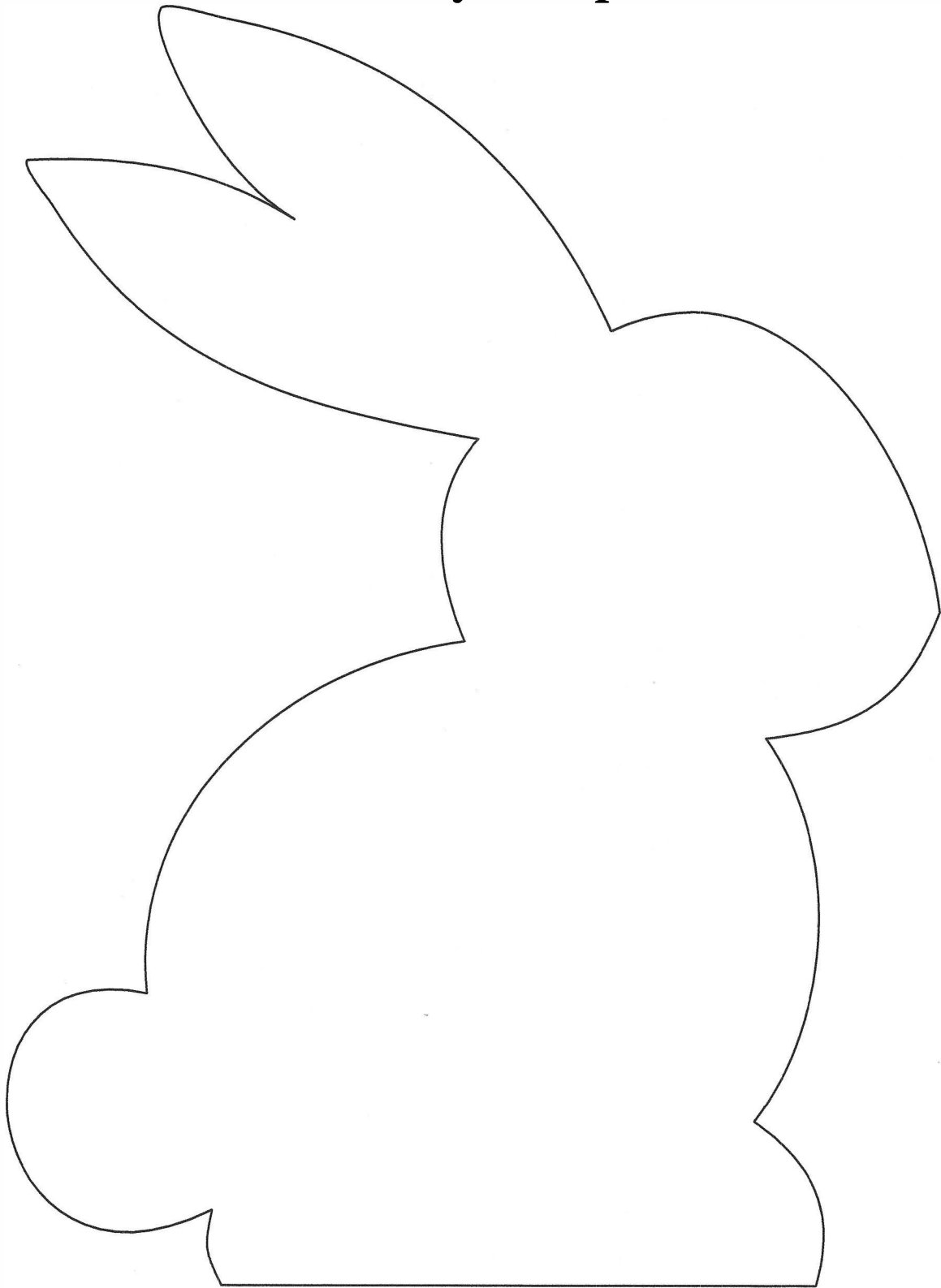
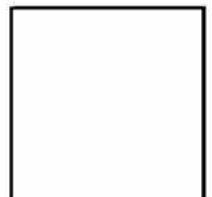
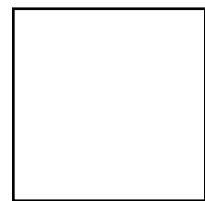
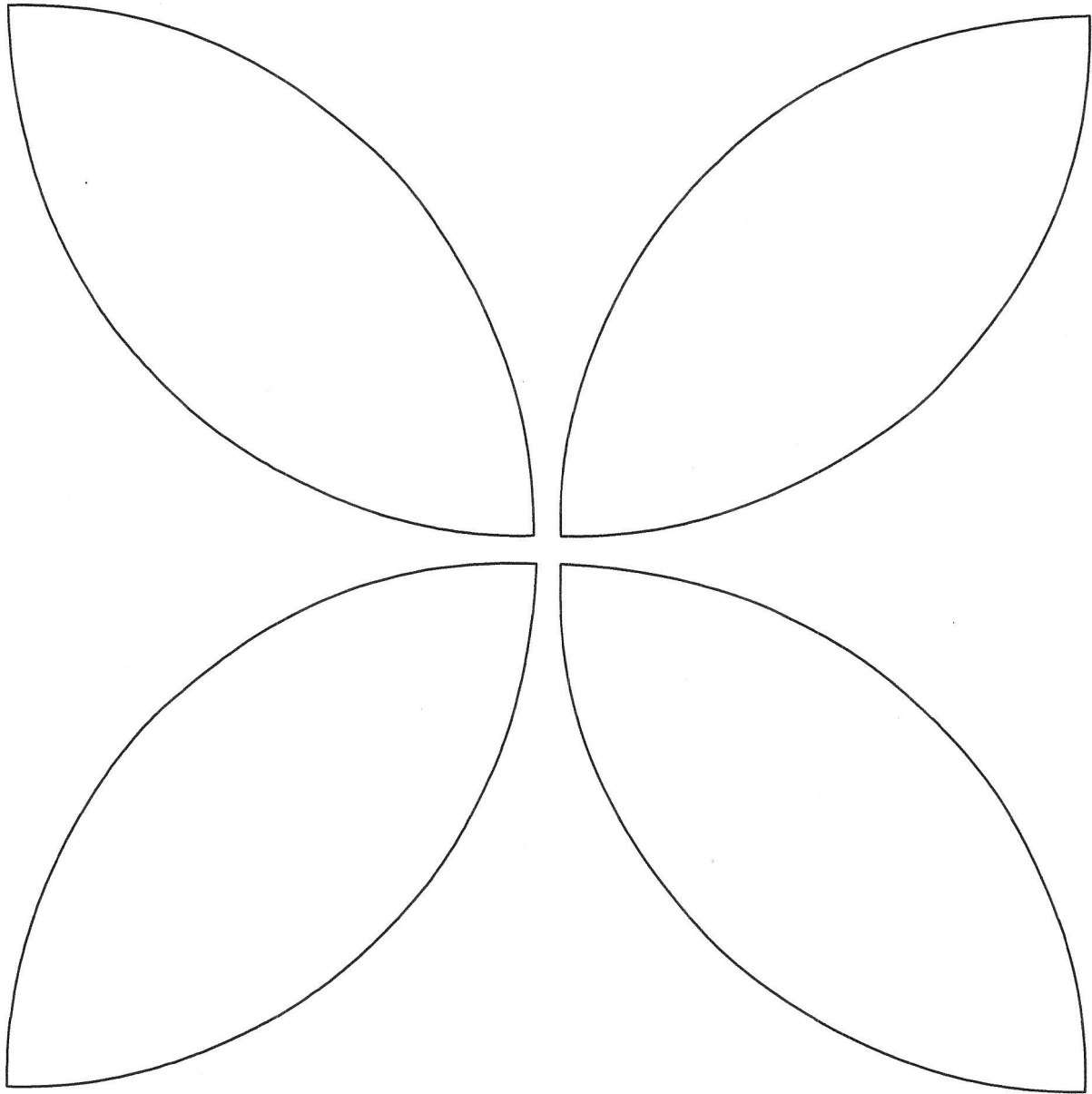


Image has been reversed
for fusible applique.



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Petal template



one inch

print at actual size