



Orange Peel Sew Along

6-weeks of relaxed sewing and fun!



Designed by Julie Cefalu
<https://thecraftyquilter.com> | #orangepeelsewalong



The *Orange Peel Sew Along* is designed with flexibility in mind. You can make this a small project as shown, or keep going and grow your quilt to any size you want.

I'll offer several techniques for the applique portion including options for both hand and machine stitching.

I encourage you try something new and to take your time. We're here to create and have fun!

Fabric (squares)

If using fabric scraps, the background squares will need to be 5" x 5". Assorted low volume or white-on-white fabrics work well. The applique squares can be roughly 4" x 5" or so. Choose a favorite colorway or make it very scrappy and random. The chart below will give you an idea of amounts.

Quilt Size	Quilt Dimensions	Grid Size	Total # of 5" Background Squares	Total # of 5" Applique Squares
Wall	23" x 23"	5 x 5	25	24
Crib	41" x 50"	9 x 11	99	142
Throw	50" x 68"	11 x 15	165	256
Twin	77" x 95"	17 x 21	357	604
Full	86" x 113"	19 x 25	475	750
Queen	95" x 113"	21 x 25	525	916
King	113" x 113"	25 x 25	625	1104



Fabric (yardage)

I'm not providing exact yardage amounts because I assume most quilters would be using scraps or pre-cuts. The following information will be helpful if you want to use yardage.

To calculate the amount for yardage, you can count on getting (8) 5" squares from every 5" of fabric. So, $\frac{1}{4}$ yard (9" x 42") will get you 8 squares, but you'll waste 4" of that yardage. A fat quarter is more useable because you can cut 12 squares from it.

Other examples of yardage amounts:

- $\frac{1}{3}$ yard (12" x 42") will produce 16 (5") squares.
- $\frac{1}{2}$ yard (18" x 42") will produce 24 (5") squares
- 1 yard will produce 56 (5") squares.

Other Supplies

Key: ♦ Used for freezer paper & starch applique method
♣ Used for faced applique method

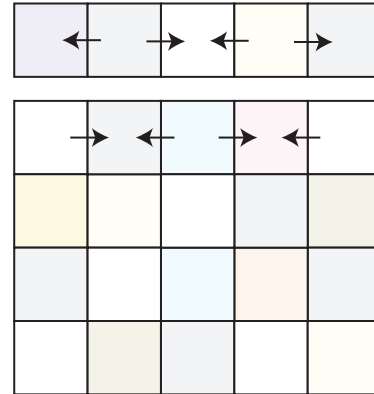
- Printed templates, page 4 (printed at actual size).
- Iron, any size.
- ♦ Spray starch, any kind.
- ♦ Freezer paper, any kind. Reynold's is readily available, or you can purchase applique freezer paper online.
- ♦ Small paint brush (optional). A Q-tip will work also.
- ♦ Water soluble glue. I recommend Roxanne's Glue Baste It or Elmer's Washable School Glue.
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- ♣ Lightweight fusible interfacing. Used for alternative (faced) applique method.
- ♣ Pinking sheers are helpful, but not necessary.
- ♣ Point turner tool or wooden chopstick.
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- Thread to match orange peels. I recommend Aurifil 80 wt. cotton or a 50 wt. thread. Some people like silk thread which is 100 wt. (very fine). Feel free to use what you have.
- Sewing needle for hand applique. I recommend Tulip size 10 Big Eye Applique Needles or Straw needles.
- Backing, batting and binding as needed for the size project you make.



Basic Steps

Prepare background

Sew (5) 5" background squares together to form a row.
Make five rows.
Sew the rows together. Note the pressing arrows. This allows for seams to be *twirled at the intersections.
Pieced background should measure 23" square.

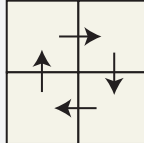


NOTE: The following applique steps do NOT include detailed information for each applique method. Those are provided separately in the sew along blog post and newsletter.

Prepare applique shapes

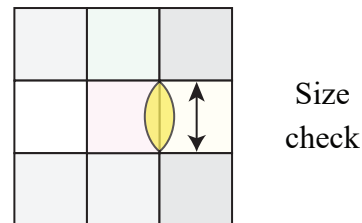
Three different applique techniques will be discussed in Week 3 of the sew along. Choose between the three methods of applique:

1. Freezer paper & starch with a paint brush.
2. Freezer paper & starch, no paint brush.
3. Faced method using lightweight fusible interfacing.



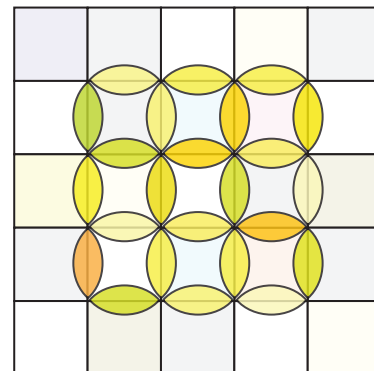
*Seams that spin in a clockwise direction, allow you to twirl the seams at the intersections. This distributes the bulk evenly, resulting in flatter seams.

TIP: Make ONE orange peel shape and test the size. It should cover one seam of the pieced background square, and the points should land at the seam intersections.



Apply orange peel shapes to pieced background

For freezer paper & starch methods, use water soluble glue to baste orange peel shapes.
For fusible interfacing, iron shapes in place.
Each orange peel shape should be centered over one seam.
Align shapes so they meet at each seam intersection.



Applique shapes in place

Choose between hand applique and machine applique.
Detailed instructions for each will be provided in the sew along blog post and newsletter.

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Template Shapes

Print at actual size, no scaling.
Orange peel shape should measure 4 3/8" long (point to point).

